

ALLSTARS LANE WARM UPS AND LANE TIMERS

SATURDAY AND SUNDAY

Warm-up Session 1 7:00 - 7:30 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NHN		WHST		WLM	SHEN	IOST	WLW
PWF		CYPR		HMR	WLR	IWF-BM	WFST
TNW		WNDR					BFST
LDLB							PF
							CGC

Warm-up Session 2 7:35 - 8:05 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CLC	RVX	SCO	LWF	SCR	GTR	MBW	MNW
NPT	KWD	RS	WIM	FOST	FCR	TVG	OAKS
							HVL
							BSST

Warm-up Session 3 8:10 - 8:40 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
WLH	WLH	GFG		FMKP		ACC-KRK	ACC-KRK
WALD		BB		VGO			ORN
AFST		WWS		CHRC			OCV
SMW				SCF			CPS
FCST							HUNT

Timing Lane Assignments

Saturday

9AM-1PM
1PM-Finish

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NPT/CLC	WLH	SCO/WWS	GFG	SCR	FMKP	ACC-KRK	WLW
NHN/PWF	PWF/LDLB	WNDR	CYPR/WHS	WLM	SHEN/GTR	MBW/TVG	ORN/MNW

Sunday

9AM-1PM
1PM-Finish

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NHN/PWF	PWF/LDLB	RS/WNDR	WHST/BB	WLM/HMR	FMKP/GTR	MBW/TVG	ORN/MNW
NPT/CLC	WALD/WLH	CYPR/LWF	LWF/WIM	SCR/SHEN	VGO/CHRC	IOST/ACC	WLW/OCV

Other Teams, please fill in as needed.